



Kindness and Communication

The Art of Communication

Discover how kindness and respect lead to more meaningful communication

Arrival Welcome

Greet each student by name and with a warm smile as they enter.

Announcements

Greetings, Kind Communicators,

Communication is essential to our learning and success in school. Today, we'll focus on how showing kindness and respect can lead to more meaningful communication.

Quote of the Day “Courage. Kindness. Friendship. Character. These are the qualities that define us as human beings, and propel us, on occasion, to greatness.” —FROM WONDER BY R. J. PALACIO

Read the quote again, and think about what it means to you.

Point out today's key school and team events.

Beat the Clock Prompts

- ➔ **1st prompt:** Define kindness in as many ways as you can.
- ➔ **2nd prompt:** List ways you show kindness to others.
- ➔ **3rd prompt:** List ways you would like others to be kind to you.
- ➔ **4th prompt:** List ways you can communicate kindness to others.

Acknowledgments

One Thing The student whose birthday is closest to January 1 starts. That student turns to the student on their left, greets them by name, and asks: “What’s one thing you remember from yesterday’s Graffiti charts?” The student returns the greeting and shares their response. Repeat for several rounds.

Activity

Beat the Clock In small groups, students have 60 seconds to brainstorm as many ideas as they can in response to each of four prompts (see prompts at left). Have each group choose a note-taker to record their ideas, and for each prompt, signal when to begin and end. After groups complete their brainstorming, they discuss and choose their top two ideas for each prompt (eight ideas in all). Each group then presents their ideas to the whole group. Record these on chart paper. Discuss common themes and trends.

Reflection

Gather everyone in a circle. Ask: “Think about the work you did this week around communication. How does kindness connect to communication? What’s something you can do to communicate more kindness to others?”