

Just Like Me

A fun way to practice listening and building connections.

GROUP ACTIVITY

Skills

listening, building connections, self-awareness

Materials

none

How to do it

- 1 The leader (you or a student) stands in the center of the circle.
- 2 The leader says a positive statement about the day ("I learned something new today"), names an interest ("I like learning about constellations"), or an experience ("I went camping this summer").
- 3 Everyone to whom the statement applies stands up and says "Just like me!" and then sits down again.
- 4 The leader says another statement and group members again respond. Continue through a predetermined number of statements.

Tips for Success

- * Model the motions for standing up, repeating "Just like me!", and sitting back down.
- * If you're struggling to come up with enough statements, open it up to your students. They're bound to have some good ideas.