

Rules Support Me in Achieving My Goal

My SMART goal

I see how this rule connects to
and supports my goal

because

Empty box for writing the SMART goal.

Header box for the first column of the table.

Header box for the second column of the table.

Large empty box for writing the SMART goal.

Empty box for writing the first rule connection.

Empty box for writing the first reason.

Empty box for writing the second rule connection.

Empty box for writing the second reason.

Empty box for writing the third rule connection.

Empty box for writing the third reason.

Empty box for writing the fourth rule connection.

Empty box for writing the fourth reason.

Empty box for writing the fifth rule connection.

Empty box for writing the fifth reason.

