

Boom Chicka Boom

9

A call and response
movement chant.

Have fun
hamming it up!

GRADE LEVEL

K–6

SKILLS PRACTICED

Focusing,
listening, self-control,
creativity

MATERIALS NEEDED

None

WORDS

The leader says each line, and the group then repeats it, using the same intonation as the leader. Repeat the chant several times using a different volume or intonation each time.

Possible voices: Boisterous, falsetto, growly, whisper, baby

A boom chicka boom!

I said a boom chicka boom!

I said a boom chicka rocka, chicka rocka, chicka boom!

Oh yeah! [or Okay!]

Uh huh! [or Okay!]

One more time!

VARIATIONS

Preface each verse by calling out what style it will be and adding motions as appropriate. For example:

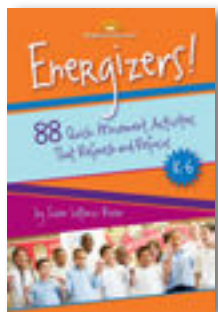
Custodian style: Use the words “Broom Chicka Broom” and pretend to sweep.

Rock-n-roll style: Pretend to play a guitar

Sleepy style: Use slow, sleepy voices

Robot style: Use clipped, monotone voices

Underwater style: Flap lips with fingers while singing



88 MORE ENERGIZERS!

For a complete list of energizers, including tips and handouts, check out [Energizers K–6: 88 Quick Movement Activities that Refresh and Refocus](#).