The First 10 Days of



# Morning Metings

Purposeful and Engaging Plans in Response to COVID-19



Dear Fellow Educators,

2020 has been a year that none of us will ever forget. The impact of COVID-19, along with the demand for equity, diversity, and inclusion stemming from the murder of George Floyd, can be felt from coast to coast. This resource is the Center for Responsive Schools' response to the numerous requests from teachers across the country and around the globe for support in returning to school during these unprecedented times.

As students and teachers start the 2020-2021 school year, this opening of schools will be vastly different from any other school year. Some schools will be returning to all in-person learning, some will be using remote learning models, and some will be using a hybrid of the two. There is a mixture of anxiety and excitement among students, parents, teachers, and administrators. As we return, we want every student to feel welcomed, seen, accepted, and supported.

This is a resource by teachers for teachers. Educators from all over the United States answered CRS' call for ideas, strategies, and tips for the return to school. The contributors specifically designed the first ten days of Morning Meeting (for kindergarten through sixth grade) and Responsive Advisory Meeting (for sixth through eighth grade) to help reconnect and build positive learning communities, with both social distancing and virtual learning in mind.

Whether your school year starts in person, on a screen, or both, may this resource help you bring hope and joy to your students and your schools at a time when connection and community are more important than ever.

Sincerely, Center for Responsive Schools

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# Morning Meeting

# Introduction

The Responsive Classroom practice of Morning Meeting provides students with a safe and predictable environment in which to grow and connect socially, emotionally, and academically. As students return to school in the fall, whether virtually or in spaces that have been transformed to allow for social distancing, this practice remains a key tool in supporting students as they navigate the unknowns of the school year. As we embark on this new challenge, we want to keep the goals of Morning Meeting alive while adapting in response to our current needs.

# Morning Meeting (K-6)

Morning Meeting allows for a predictable time for students and teachers alike to build community in the midst of uncertainty.

# **Goals of Morning Meeting**

- To set a tone for respectful and engaged learning in a climate of trust
- To create the positive power of community by fulfilling students' needs to belong, to feel significant, and to have fun
- To model and practice social and emotional skills
- To merge social, emotional, and academic learning

# Week 1 Goals:

- · Establish predictability and a sense of safety
- · Create a sense of belonging and significance for students
- Encourage and share experiences and connections to create a welcoming and inclusive environment

#### Week 2 Goals:

- Continue to build and foster connections and a sense of safety
- Strengthen and support established relationships
- Nurture the positive community through building a continued repertoire of shared experiences

# **Morning Meeting Considerations**

You will need to adapt Morning Meeting to fit your school's safety guidelines, space constraints, and combination of in-person and virtual learning. As you make necessary modifications, we offer the same advice that we offer teachers who have time constraints: focus on your goals and work with the structures you have in place.

- Some teachers may not be able to achieve a circle for Morning Meeting given social distancing precautions and space constraints in classrooms. We continue to use the word "circle" in the pages that follow as it is the ideal for Morning Meetings. However, you can think of "circle" as representing an order to follow during your meeting. Whether meeting in person or virtually, it can be helpful to predetermine the order for your circle and post it for all to see, using pictures as students learn names. If you are not able to physically be in a circle, you can alter any original activity directions to fit your particular classroom situation.
- In many cases, a partner share is recommended. To form partners in person, pair up students with the person seated closest to them. As students learn to navigate the space, maintain a six-foot distance, and speak with a mask, they can move to stand with different partners in the room. Online partnerships can be created by posting a list of partners for students to chat with or pairing students together in breakout rooms. If a breakout function is not available, an "around-the-screen" sharing can be substituted for a partner chat.

#### **Considerations for Social Distancing**

In the midst of our world's pandemic, having the opportunity to gather with students in person can be rewarding and can present unique challenges as you seek to meet requirements to keep students and adults safe. In implementing Morning Meeting to allow for social distancing and other safety measures, here are a few things to consider:

- Keep the focus on the goals for Morning Meeting. A Morning Meeting conducted from individual seats will still go a long way in creating a classroom community compared to having no Morning Meeting at all.
- Allow students to stand around the perimeter of your space if this is developmentally appropriate and your space allows for this modification.
- Adjust seating so students can see as many classmates as possible.
- Consider alternating between standing in a distanced circle and sitting at desks for different components. (Sharing and morning message could be seated components.)
- Select greetings and activities that do not require students to touch or to be in close proximity.
- Try alternative spaces for Morning Meeting, either indoors or outdoors (common area, multipurpose rooms, outdoor fields, blacktops, etc.).
- Review expectations and use Interactive Modeling to support student success.

### **Considerations for Virtual Platforms**

The virtual classroom has become more common as schools adjust to keep students and staff safe and student learning going. Whether using an asynchronous virtual platform or a synchronous virtual platform to implement Morning Meeting, here are a few things to consider:

- Review, learn, and become familiar with your virtual platform and its features.
- Focus on the goals of Morning Meeting and plan components to meet the needs of students within the virtual platform.
- Use online tools like breakout rooms and screen sharing to support in scaffolding the meeting.
- Keep the classroom routine simple and predictable.
- Not everybody has to talk, but it's important that everyone can be heard and seen.
- It's okay if some elements/components are done individually and brought together for the whole group to enjoy and engage with at another time, as would be the case with asynchronous learning.
- Review expectations and use Interactive Modeling to support student success. Different skills are required to engage online, so be sure to teach these explicitly.

# **Additional Considerations**

- **Hybrid Classrooms:** Many schools are returning to the school year using a hybrid model where some students participate virtually while others attend in person. It can be hard to be in two places at once! Therefore, you may only be able to do Morning Meeting with your students in person. You may then consider building in time once every week or two to have all students participate, either in person or virtually, in a Morning Meeting where all can be seen and heard. This opportunity will allow students to build a community with the students they will interact with on an immediate, day-to-day basis and start to connect with students they may potentially interact with as the school year progresses.
- Scaffolding Morning Meeting: In the following pages, we have provided ideas for each component for each grade level. Keep in mind that it is okay to begin with a few components before implementing all four. As you begin, you may consider doing a simple greeting or "greetivity" (combination of a greeting and activity such as clapping syllables to names) and then the message.
- **Trauma:** Teachers and students alike will be entering the school year with many emotions. They may feel fear about being safe in the classroom, anxiety about reengaging in person after learning online, and everything in between. This experience is new and unknown for all. For these reasons, students may be hesitant to participate fully. The teacher may want to do the heavy lifting at first so students can ease into the interactive components. It is also important to acknowledge the feelings students have while giving them space to forget about stressors and focus on creating joy and connection. During this time, it is

important to lead with empathy and make adjustments for students and adults to participate as they are comfortable.

- **Equity:** Students will be returning to school having had varying experiences over the past few months. As we settle into the school year, it is important to use inclusive activities that allow each person to participate and establish a sense of belonging, significance, and fun. Morning Meeting is a perfect place for students to begin to be seen and heard for their own unique identity.
  - One key aspect that makes a person unique is their name. Students may be apprehensive to speak up on the first day, either in person or virtually, so many of the Day 1 greetings ask teachers to greet students by name. It is important to pronounce each person's name appropriately. Therefore, it may be a good idea to connect with each student individually prior to the start of the school year or the beginning of the day to learn their name.
  - Because Morning Meeting is a perfect place to begin helping students be seen and heard, we need
    to pay careful attention to what students see and hear. We do not want Morning Meeting to be a
    place where misbehaviors and names associated with those misbehaviors are pointed out. This is
    counterintuitive to the community we are trying to build. For this reason, we have included a daily focus. The daily focus highlights some skills to model and address as you set students up for success
    with Morning Meeting.
  - Students will come to Morning Meeting with different levels of self-control. Carefully observe student
    behavior and be aware of when to make adjustments. If you notice one or two students off task
    during the greeting, keep the focus on the goal for the day rather than these one or two distractions.
    However, if you notice student attention starting to wane and many students struggling to stay attentive, find a stopping point, read the message, and then find time later in the day to do a quick share
    or activity.

# The First Ten Days of Third Grade Morning Meetings

# **Considerations**

# **Developmental considerations for eight-year-olds:**

- Can be restless, play hard, and tire quickly; their stamina may be impacted by six months of not being in a school setting
- Industrious, impatient, full of ideas; like to talk and explain ideas
- In general can pay attention, but may forget what they heard or what they're supposed to do
- · Enjoy sharing humor and group activities
- Adjust well to change

# Recommendations

# In-Person

New routines for social distancing should be taught through Interactive Modeling, starting with the "what" and "why."

If your space is large enough for a circle, consider using place markers for the spacing and model how to move from their desk to a place in the circle.

If students are wearing a mask, it may take them some time to adjust to using the mask, so talking and hearing others may be hard at first. Ease into sharing so everyone can hear. Avoid voice-overs (repeating what students have said).

Don't look for perfection. Adjust as needed. Keep the goals in mind, while creating a daily routine that students will look forward to each day.

### **Virtual**

New routines for virtual interaction need to be taught and modeled, including clear expectations for muting/unmuting, when video should be on, and so on.

Consider using a visual cue for students as a signal to mute or unmute. Tell students they will all be muted when they enter the meeting, and teach them how to unmute when it is their turn to talk.

Students will lean on you for direction and consistency. Simple rules such as "only your face in the screen" and "video on" will help build routines for participation.

Don't look for perfection. Adjust as needed. When you make mistakes, students will see you as a learner, and this will build trust and mutual respect.

Keep the goals in mind, while creating a daily routine that students will look forward to each day.

#### Note:

We have provided full plans for you for each day. However, you might choose to spread out the suggestions from Day 1 over several days, as your ultimate goal is to create community. You could simply do a greeting on Day 1 and gradually build into a full Morning Meeting.

# Week 1 · Day 1



# Week 1 Goals:

- Establish predictability and a sense of safety
- Create a sense of belonging and significance for students
- Encourage and share experiences and connections to create a welcoming and inclusive environment

Daily Focus: Simple interaction and participation in Morning Meeting; introduce what Morning Meeting is and the simple rules for Morning Meeting, either in person or virtual

# **Greeting:** First Name Introduction and Good Morning

In-Person	Virtual
Tell students that they will greet everyone with the greeting "Good morning" and their first name. Model the introduction: "Hello, my name is"  Tell students to greet you by saying, "Good morning,"  Each student introduces themselves with their first name: "Hello, my name is," The class responds: "Good morning,"  If the students are in a circle, go around the circle. If not, you can call the order of who should go next.  If students are wearing masks, remind them they may need to speak more loudly than usual so everyone can hear them.	Tell students that they will greet everyone with the greeting "Good morning" and their first name. Model the introduction: "Hello, my name is"  Tell students to greet you by saying, "Good morning," Explain that they will not unmute to say good morning to you.  Each student will then take a turn unmuting and introducing themselves using their first name: "Hello, my name is" The class responds: "Good morning,"  Students take turns greeting when you call their name, until everyone has been greeted. You can also post an order before the meeting for when students should introduce themselves.

# Week 1 • Day 1, continued



# **Sharing:** Around-the-Circle (Favorite Thing to Do Outside)

## In-Person

As you introduce sharing, remind students that each day members of the class will be getting to know each other through sharing. Remind them that we all have different feelings on our first day of school, especially our first day in school with masks, spacing, etc. Those feelings can make it harder to think or share. To help them, provide these supports:

- Allow thinking time and have students give a thumbs up when ready.
- Let them know that it's OK to say something someone else has said—it shows you have something in common.
- Tell students that it's OK to pass and that you'll come back to them so everyone can learn more about each person.

Let students know that they will be sharing their favorite thing to do outside. Model a sentence and direction to go around the circle: "My favorite thing to do outside is sit by a campfire."

Each person shares around the circle. If students aren't able to sit in a circle, call on the next student or provide directions (student on your right, for example).

#### Virtual

As you introduce sharing, remind students that each day members of the class will be getting to know each other through sharing. Remind them that we all have different feelings on our first day of school, especially our first day in a virtual classroom. Those feelings can make it harder to think or share. To them, provide these supports:

- Allow thinking time and have students give a thumbs up that's visible on their screen when ready.
- Let them know that it's OK to say something someone else has said—it shows you have something in common.
- Tell students that it's OK to pass and that you'll come back to them so everyone can learn more about each person.
- Remind students to unmute when it is their turn to share and then mute again when they have finished.

Let students know that they will be sharing their favorite thing to do outside. Allow thinking time and have students show a thumbs up when ready. Model a sentence: "My favorite thing to do outside is sit by a campfire." Call on each student one at a time to share until all students have participated. If necessary, remind them to unmute and mute.

# Week 1 • Day 1, continued



# **Group activity:** Just Like Me

## In-Person

Introduce Just Like Me as a way to have fun and continue to get to know each other. Begin by naming something you like, for example, "I like to swim." Anyone who also likes to swim stands up, says, "Just like me!" and then sits down. Another statement is given, and those who connect with it stand up, say "Just like me!" and sit down. The goal is to find inclusive categories so that everyone gets a chance to stand, as well as more personal categories that help students connect with others. Remind students to notice who has something in common with them.

## Suggested categories:

- Activities (I like to build, I like playing on the computer, etc.)
- Feelings (I'm excited to be a third grader, I'm nervous about the first day of school, etc.)
- Foods (I like pizza, I like fruit, etc.)

### Virtual

Introduce Just Like Me as a way to have fun and continue to get to know each other.

Begin by naming a category, for example, "I like to swim." Anyone who also likes to swim responds with jazz hands (two waving hands) and says, "Just like me!" (without unmuting). Another category is named, and those who connect with it show jazz hands and say "Just like me!" The goal is to find inclusive categories so that everyone gets a chance to show they feel the same, as well as more personal categories that help students connect with others. Remind students to notice who has something in common with them.

## Suggested categories:

- Activities (I like to build, I like playing on the computer, etc.)
- Feelings (I'm excited to be a third grader, I'm nervous about the first day of school, etc.)
- Foods (I like pizza, I like fruit, etc.)

# Morning message:

# In-Person

Display the message on a whiteboard or screen prior to the meeting. At this time, read the message aloud to students for the first day.

# [Date]

Happy First Day of School, Third Graders!!

I am so excited for this first day of school, even though it will be a little different for all of us. I'm looking forward to getting to know each of you and find out all you've learned in second grade.

Have a great first day!

[Closing and signature]

Tell students that each day the message will be displayed for them to read when they enter the classroom. They will read it on their own before the Morning Meeting so they're prepared to read it together at the end of the meeting.

## Virtual

Display the message on the screen prior to the meeting. At this time, read the message aloud to students for the first day.

# [Date]

Happy First Day of School, Third Graders!!

I am so excited for this first day of school, even though it will be a little different for all of us. I'm looking forward to getting to know each of you and find out all you've learned in second grade.

Have a great first day!

[Closing and signature]

Tell students that each day they will see the message displayed on a slide when they log in each morning. They should read it on their own before you read it with them at the end of Morning Meeting.

# Week 1 · Day 2



# Daily Focus: Active listening and engaging with others while practicing responsibility

# **Greeting:** First Name Wave

### In-Person

Introduce by connecting to yesterday. "Yesterday, we learned everyone's names, and some of us will remember them and some may need a reminder. Today we'll practice introducing ourselves like we don't know each other's names and then greet with a wave."

Begin by greeting the student next to you with "Good morning, I'm \_\_\_\_\_" and a wave. The student greeted will wave and say, "Good morning, \_\_\_\_\_." That student will then turn to the next student, wave and say, "Good morning, I'm \_\_\_\_\_," and so on around the circle. If students are not in a circle, name the next student who will greet or post the order, ensuring every student is greeted.

#### Virtual

Introduce the greeting by connecting to yesterday. "Yesterday, we learned each other's names, and today we'll greet each other in our group by saying good morning and your first name, and giving a wave." Model saying hello to one person with "Good morning, I'm \_\_\_\_\_" and a wave. Ask students what they notice. Then have the student say good morning in return.

Explain that students will unmute when it is their turn to greet and be greeted and then mute afterward so that the rest of the greetings can be heard. Post the student list for the greeting to begin. Continue until everyone has been greeted.

# **Sharing:** Around-the-Circle (Best Thing About First Day)

#### In-Person

Let students know that they will be sharing what they thought was the best thing about the first day of school. Do a quick review of yesterday and brainstorm some of the possibilities. Have students show a thumbs up when they are ready to share. Remind students it is OK to repeat what someone else said. If they need more time, they can pass and you'll come back to them.

Each person around the circle names one thing that they liked best about the first day. You can end with a focused question of "Who remembers?" based on categories of sharing: "Who remembers someone who thought the best thing was something we did in the morning?" Students can name those students who fit that category.

#### Virtual

Let students know that they will be sharing what they thought was the best thing about the first day of school. Do a quick review of yesterday and brainstorm some of the possibilities. Have students show a thumbs up on their screen when they are ready to share. Remind students it is OK to repeat what someone else said. If they need more time, they can pass and you'll come back to them.

Post the sharing order so that students will be prepared to share one thing that they liked best about the first day when it is their turn. You can end with a focused question of "What did we have in common?" Ask for student volunteers to share a common category they noticed. If students fit that category, they can do jazz hands or give a thumbs up.



# **Group activity:** Human Protractor

### In-Person

Students use their bodies to form a human-size protractor. Touching toes is zero, and standing with arms stretched straight up is 10. Model how to show zero, 5, and 10. Students can do this activity either standing in their circle spot or by their desk.

Have students stand with hands touching toes, the position representing zero. Tell them to straighten up gradually, keeping their arms stretched out in front of their bodies, until their arms are straight up or at 10. At the same time, they'll be counting from zero to 10. Let students know that they need to remember where their hands are at different numbers. By the time their hands are reaching overhead, they should be at 10.

Name different numbers between zero and 10 and ask students take the position for that number. Then move into simple number sentences like 3 plus 7 and 10 minus 9.

Another option is to ask a question that will help get to know them and that will provide a number for a new position as a "protractor." For example:

How many people live in your house?

How many pets do you have?

How many years old are you?

#### Virtual

While standing so they can be seen in their screen view, students use their bodies to form a human-size protractor. Touching toes is zero, and standing with arms stretched straight up is 10. Model how to show zero, 5, and 10.

Have students stand with hands touching toes, the position representing zero. Tell them to straighten up gradually, keeping their arms stretched out in front of their bodies, until their arms are straight up or at 10. At the same time, they'll be counting from zero to 10. Let students know that they need to remember where their hands are at different numbers. By the time their hands are reaching overhead, they should be at 10.

Name different numbers between zero and 10 and ask students take the position for that number. Then move into simple number sentences like 3 plus 7 and 10 minus 9.

Another option is to ask a question that will help get to know them and that will provide a number for a new position as a "protractor." For example:

How many people live in your house?

How many pets do you have?

How many years old are you?

# Morning message:

#### In-Person

Display the message on a whiteboard or screen prior to the meeting. Read the message aloud to students.

## [Date]

Good Morning, Third Graders!

What a busy a first day of school! It is so fun getting to learn together and get to know each other.

What is something you are looking forward to learning about in third grade?

I am looking forward to hearing all your learning goals!

[Closing and signature]

After reading the message to students, have them think of things they want to learn. Then read together aloud, taking time after reading to hear their learning goals.

#### Virtual

Display the message on the screen prior to the meeting. Read the message aloud to students.

## [Date]

Good Morning, Third Graders!

What a busy first day of school! It is so fun getting to learn together and get to know each other.

What is something you are looking forward to learning about in third grade?

I am looking forward to hearing all your learning goals!

[Closing and signature]

After reading the message to students, have them think of things they want to learn. Have students raise their hand to take turns sharing what they're looking forward to learning.

# Week 1 · Day 3



# Daily Focus: Making connections with others while practicing assertiveness

# **Greeting:** Good Morning Greeting

# In-Person

Connect to yesterday. "Yesterday, we practiced introducing ourselves. As we get to know each other, we start to remember names, but we may forget." Today, have a student begin by greeting the next person in the circle by saying "Good morning, \_\_\_\_\_," and have that student respond, "Good morning, \_\_\_\_," Students continue greeting each other around the circle until all are greeted. If students aren't in a circle, help direct the next person to greet. Remind students to ask for names if they can't recall them.

# Virtual

Connect to yesterday. "Yesterday, we greeted each other by following the order of names on the list." Today, have students greet each other around the screen by taking the initiative to name the person they are greeting. "I will start by saying good morning to one person. Good morning, \_\_\_\_\_." Give that student a chance to unmute and return the greeting. "Now Adam will pick a person to greet in the same way." Consider asking those who have been greeted to put a thumb up in the screen so students can remember who has been greeted. Continue until every person has been greeted.

# **Sharing:** Around-the-Circle (Favorite Game to Play)

#### In-Person

Connect to the previous days' sharing by stating, "When we each share, I notice that many of you have things in common. Today, when we share, we're going to practice using a hand signal to show we have something in common." Model a silent hand signal. "Let's try one. I enjoyed being in school again on the first day." Students who felt the same way show the hand signal.

Introduce the sharing. "Everyone will share a favorite game they like to play. Think about games you play at home or school, alone or with others, on devices or not. When you are ready with your game, put your thumb up." Remind students they may have the same response as others. Tell students that if they like the same game, they can use the connection hand signal. Share your favorite game, then move around the circle.

#### Virtual

Connect to the previous days' sharing by stating, "When we each share, I notice that many of you have things in common. Today, when we share, we're going to practice using a hand signal to show we have something in common." Model a silent hand signal. "Let's try one. I enjoyed being in school again on the first day." Students who felt the same way show the hand signal.

Introduce the sharing. "Everyone will share a favorite game they like to play. Think about games you play at home or school, alone or with others, on devices or not. When you are ready with your game, put your thumb up." Remind students they may have the same response as others. Tell students that if they like the same game, they can use the connection hand signal. Share your favorite game, then call on others to share around the screen. Remind students to unmute prior to sharing.

# Week 1 · Day 3, continued



# **Group activity:** Step Into the Circle

### In-Person

Tell students that they will get to learn more about who has something in common with them by playing the game Step Into the Circle. Tell them that you'll name a characteristic that may describe them. If it does, they'll stand up and take one step into the circle. Once in the circle, they can wave or say hi to others in the circle until you say "Step back." Explain that everyone will have a turn to step in. Begin by saying, "Step into the circle if you're the teacher." Stand up and take one step in. Wave to students, then say "Step back" and take a step back.

Name several categories that may describe your third graders. For example:

- Step into the circle if you have a pet.
- Step into the circle if you rode a bus to school.
- Step into the circle if you have a brother or sister.
- Step into the circle if you are 8 years old.

Continue for several rounds, making sure everyone has had a chance to be in the circle.

Note: If you're unable to have students use a circle, have the students stand at their desk and wave to the others who are also standing, then sit before the next characteristic is named.

### Virtual

Tell students that they will get to learn more about who has something in common with them by playing the game Step Into the Circle. Tell them that you'll name a characteristic that may describe them. If it does, they will stand up in their screen and wave to others who are standing. Those standing can wave or say hi to each other until you say "Step back." Explain that everyone will have a turn to "step in." Begin by saying, "Step into the circle if you're the teacher." Stand up and wave to students, then say "Step back" and take a step back.

Name several categories that may describe your third graders. For example:

- Step into the circle if you have a pet.
- Step into the circle if you rode a bus to school.
- Step into the circle if you have a brother or sister.
- Step into the circle if you are 8 years old.

Continue for several rounds, making sure everyone has had a chance to be in the circle.

# Morning message:

## **In-Person**

Display the message on a whiteboard or screen prior to the meeting. Read it aloud together.

#### [Date]

Good Morning, Third Graders,

We've had two great days together. We're learning so much about each other, which will help us learn together this year.

As we look forward to day three, today we'll keep practicing safety at recess. What do you like better:

Indoor Recess Outdoor Recess

Looking forward to a great day!

[Closing and signature]

If students can put a mark on the message while safely distancing, they can initial or check under a column. If not, have them raise their hand for the choice they like best.

#### Virtual

Display the message on the screen prior to the meeting. Read aloud together. Have students stay muted and read aloud to themselves with you.

## [Date]

Good Morning, Third Graders,

We've had two great days together. We're learning so much about each other, which will help us learn together this year.

As we look forward to day three, start thinking about where you like to play best:

Inside Recess Outside Recess

Looking forward to a great day!

[Closing and signature]

After reading the message, go back to gallery view. Have students raise their hand or give a thumbs up for the choice they like best.

# Week 1 · Day 4



# Daily Focus: Continue to make connections with others while practicing cooperation

# **Greeting:** Peace Sign Greeting

# In-Person

Today, each student will greet the student next to them by showing a peace sign and saying "Good morning, \_\_\_\_\_," and the student greeted will return the peace sign and say, "Good morning, \_\_\_\_\_." This continues around the circle until all are greeted. If students aren't in a circle, help direct the next person to greet. Remind students to ask for names if they can't recall them.

## Virtual

Today, have students greet each other around the screen by naming the person they are greeting. Remind students to unmute to greet and then mute again. Begin by greeting a student with "Good morning, \_\_\_\_\_" while showing a peace sign. Then give the student a chance to return the greeting. That student will choose someone else to greet. Consider asking those who have not been greeted to raise their hand or put a thumb up in the screen. Continue until every person has been greeted.

# **Sharing:** Around-the-Circle (Favorite Meal)

# **In-Person**

Introduce this sharing by having students think about their favorite meal. Tell students to think about meals they eat at home, on holidays, or at school. State they can name a favorite meal of the day (breakfast, etc.) or a specific meal (lasagna, chicken and rice, etc.). Remind students to give a thumbs up when ready. To help focus listening, ask a few "who remembers" questions at the end and have students point to students who match that description.

# Virtual

Introduce this sharing by having students think about their favorite meal. Tell students to think about meals they eat at home, on holidays, or at school. State they can name a favorite meal of the day (breakfast, etc.) or a specific meal (lasagna, chicken and rice, etc.). Remind students to give a thumbs up when ready. To help focus listening, have students use the connection sign to show if they also like the meal someone shared.

# **Group activity:** Heads or Tails

# **In-Person**

In this activity, you will flip a coin and students will predict heads or tails by putting their hands on either their heads or hips. Engage students to think about probability to help determine if they should predict head or tails. Once they commit to their guess, flip the coin. If they predicted correctly, they remain standing. If they predicted incorrectly, they sit down. Keep doing flips until there is one person left. Do a few rounds if time.

#### Virtual

In this activity, you will flip a coin and students will predict heads or tails by putting their hands on either their heads or hips. Engage students to think about probability to help determine if they should predict head or tails. Once they commit to their guess, flip the coin. If they predicted correctly, they remain standing. If they predicted incorrectly, they sit down. Keep doing flips until there is one person left. Do a few rounds if time.



# Morning message:

### In-Person

Display the message on a whiteboard or screen prior to the meeting.

## [Date]

Good Morning, Cooperative Third Graders!

We've been working on building our classroom community and finding things we have in common. When we cooperate together, we can learn more and have fun together. Think about places where you get to cooperate. Be ready to share.

[Closing and signature]

Read the message together, creating one voice. Point out that everyone cooperated to read the message. Engage students in a conversation about where they cooperate:

- Home: helping get ready in the morning, making a meal, etc.
- Bus: sharing seats and having conversations with others
- · Clubs or teams
- Playground
- Classroom

## **Virtual**

Display the message on the screen prior to the meeting.

## [Date]

Good Morning, Cooperative Third Graders!

We've been working on building our classroom community and finding things we have in common. When we cooperate together, we can learn more and have fun together. Think about times you get to cooperate. Be ready to share.

[Closing and signature]

Read the message aloud together but ask students to stay muted. Point out that we cooperated to read the message. Engage students in a conversation about when they cooperate:

- Playing games
- Making a meal
- Helping siblings or parents
- Sharing the computer
- Doing chores

# Week 1 · Day 5



# Daily Focus: Making simple decisions that lead to the rule-making process.

# **Greeting:** Pick One Greeting

# **In-Person**

Remind students that they have practiced three different greetings this week: wave, good morning, and peace sign. Tell students that they will pick which one they want to use to greet another person in the classroom today. Explain that you'll be talking about making decisions, and this is the first decision they will be making today. Model the three greetings and have students give a thumbs up when they're ready.

Tell students that when they greet a classmate, that person should respond with the same greeting. That student will then turn and greet the next classmate using the greeting they chose.

Remind students to use assertiveness if they don't recall names. Continue around the circle until everyone has been greeted. Call on students if they are at their desks.

#### Virtual

Remind students that they have practiced three different greetings this week: wave, good morning, and peace sign. Tell students that they will pick which one they want to use to greet another person today. Explain that you'll be talking about making decisions, and this is the first decision they will be making today. Model the three greetings and have students give a thumbs up when they're ready.

Tell students that when they greet a classmate, that person should respond with the same greeting. That student will then turn and greet the next classmate using the greeting they chose.

Remind students to unmute when greeting and returning the greeting. Call on students and continue until everyone has been greeted. Ask students who have not yet been greeted to raise a hand or give a thumbs up.

# **Sharing:** Around-the-Circle (Weekend Share)

## **In-Person**

Students should think about what they like to do on the weekend and why. Talk about the challenges of current times and explain that students could choose things they like to do now or hope to do again in the future. Introduce a sentence stem: "I like to \_\_\_\_\_\_\_." Have students signal they are ready to share with a thumbs up. Have students share around the circle or room. Remind students to use the connection sign if they also like doing similar activities on weekends.

# **Virtual**

Students should think about what they like to do on the weekend and why. Talk about the challenges of current times and explain that students could choose things they like to do now or hope to do again in the future. Introduce a sentence stem: "I like to \_\_\_\_\_ on the weekends because \_\_\_\_\_." You might choose to put the sentence stem in the chat box so students can remind themselves. Have students signal they are ready to share with a thumbs up.

11 Continues on the next page.

# Week 1 • Day 5, continued



# **Group activity:** Group Counting

## In-Person

Tell students the goal of this activity is to practice assertiveness to achieve a goal. You will name a number and students will count from one to the named number by saying the next number, but only one person can say a number at a time. If two or more people say a number at the same time, the counting goes back to one. Start the game with a smaller number. Try a few rounds.

### **Virtual**

Tell students the goal of this activity is to practice assertiveness to achieve a goal. You will name a number and students will counting from one to the named number by saying the next number, but only one person can say a number at a time. If two or more people say a number at the same time, the counting goes back to one. Start the game with a smaller number. Try a few rounds.

# Morning message:

#### In-Person

Display the message on a whiteboard or screen prior to the meeting.

[Date]

Hello, Third Graders!

We have had a busy week and learned so much about each other. As we talk today about what kind of classroom we want together, start thinking about how rules help us have a positive school community. Be ready to share.

[Closing and signature]

Read the message together with students. Ask students to share rules that are used in the school and classroom. Reflect on how the rules for Group Counting may have been frustrating but helped us to achieve our goal. Rules in school can be frustrating, but they will help us achieve our learning goals.

#### Virtual

Display the message on the screen prior to the meeting.

[Date]

Hello, Third Graders!

We have had a busy week and learned so much about each other. As we talk today about what kind of classroom we want together, start thinking about how rules help us have a positive school community. Be ready to share.

[Closing and signature]

Read the message together with students while they remain muted. Ask students to share rules that are used in the school and classroom. Reflect on how the rules for Group Counting may have been frustrating but helped us to achieve our goal. Rules in school can be frustrating, but they will help us achieve our learning goals.

# Week 2 · Day 6



# Week 2 Goals:

- Continue to build and foster connections and a sense of safety
- Strengthen and support established relationships
- Nurture the positive community through building a continued repertoire of shared experiences

Daily Focus: Continue to build a sense of positive community while slowly increasing the challenge by teaching and practicing responsibility to participate and include others

# **Greeting:** Good Morning to Anyone Who...

# In-Person

Tell students this greeting is like the activity you did last week, Step Into the Circle. You will name categories that may describe the students. If the category describes them, they step into the circle, say "Good morning" and wave to others in the circle, and then step back. Begin by naming categories that help reflect the first week of school, and end with one that will ensure everyone is included. For example:

"Good morning to anyone who . . .

- Met someone new last week
- · Was glad to be back in school
- Learned something new last week
- · Is a third grader

# Virtual

Tell students this greeting is like the activity you did last week, Step Into the Circle. You will name categories that may describe the students. If the category describes them, they should stand up in their screen and greet others by unmuting, saying "Good morning," and waving. Begin by naming categories that help reflect the first week of school, and end with one that will ensure everyone is included. For example:

"Good morning to anyone who ..."

- Met someone new last week
- · Was glad to be back in school
- · Learned something new last week
- Is a third grader

# **Sharing:** Partner Share (Pets)

# **In-Person**

Introduce the idea of partner shares as a way to talk to one other student on a topic. Today's topic is to share about pets you have or wish you had. Remind students to stay on the topic and give time for each person to share while safely distancing. Assign partnerships.

# Virtual

Introduce the idea of partner shares as a way to talk to one other student on a topic. Today's topic is to share about pets you have or wish you had. Remind students to stay on the topic and give time for each person to share in a breakout room. Assign partnerships. If your virtual teaching model doesn't allow for partnerships, do this as an around-the-screen share.

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# Week 2 • Day 6, continued



# **Group activity:** Shake It Down

#### In-Person

Tell students that this activity will get them moving while counting. Have students stand and show how they will first shake their right hand, then left hand, then right foot, then left foot while they chant the numbers, and then say "Cut":

"1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16!"

(Shake right hand sixteen times and then repeat with left hand, right foot, and left foot.)

"Cut!" (Pretend to slice or cut right hand down on left palm.)

"1, 2, 3, 4, 5, 6, 7, 8!"

(Shake right hand eight times and then repeat with left hand, right foot, and left foot.)

"Cut!" (Pretend to slice or cut right hand down on left palm.)

Repeat the chant and actions, cutting down to 4, then 2, and then 1.

"Shake it down!" (Shake whole body once from top to bottom.)

### Virtual

Tell students that this activity will get them moving while counting. Students stay muted for this activity, and they should stand and count in the screen. Show how they will first shake their right hand, then left hand, then right foot, then left foot while they chant the numbers, and then say "Cut":

"1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16!"

(Shake right hand sixteen times and then repeat with left hand, right foot, and left foot.)

"Cut!" (Pretend to slice or cut right hand down on left palm.)

"1, 2, 3, 4, 5, 6, 7, 8!"

(Shake right hand eight times and then repeat with left hand, right foot, and left foot.)

"Cut!" (Pretend to slice or cut right hand down on left palm.)

Repeat the chant and actions cutting down to 4, then 2, and then 1.

"Shake it down!" (Shake whole body once from top to bottom."

# Morning message:

# In-Person

Display the message on a whiteboard or screen prior to the meeting.

[Date]

Good Morning, Responsible Third Graders!

Today we'll start thinking about the jobs we will have for taking care of ourselves and our school. As we practice being responsible, we will also talk about how rules will help us work together as a class and school. What rules are we using this year for safe social distancing?

[Closing and signature]

Before reading the message together, ask for ideas on how to act out the three underlined words. Read together with the actions for the underlined words.

# Virtual

Display the message on the screen prior to the meeting.

[Date]

Good Morning, Responsible Third Graders!

Today we'll start thinking about the jobs we will have for taking care of ourselves and our class. As we practice being responsible, we will also talk about how rules will help us work together as a class and school. What rules are we using this year for virtual learning?

[Closing and signature]

Before reading the message together, ask for ideas on how to act out the three underlined words. Read together (with muting) with the actions for the underlined words.

# Week 2 · Day 7



Daily Focus: Continue to add challenge while teaching and practicing assertion and empathy.

# **Greeting:** Good Morning Pinkie Wave

# In-Person

Students greet the student next to them with "Good morning, \_\_\_\_\_," and a wave with their pinkie finger. As students pass the wave around the circle, use reinforcing language to affirm eye contact and students using names or asking for reminders. If students are by their desks, call on them one at a time until everyone has been greeted.

# **Sharing:** Popcorn Share (Favorite Snack)

# **In-Person**

Let students know that they will be sharing their favorite snack. Brainstorm a few, including some healthy options. Have students show they're ready to share by putting a thumbs up.

Describe a popcorn share by connecting to popping corn—once a kernel is popped, it changes from a seed to a fluffy piece of popcorn. When they share today, they will pop by standing up and saying "Pop." The trick is that only one person can share at a time, so if two stand up to share, they both sit again. If only one person stands, they share their favorite snack and remain standing. At that time, anyone else who has the same favorite snack stands up, says, "Pop, pop," and stays standing (multiple people can "pop pop"). Continue until everyone is standing.

# Virtual

Call on students one at a time to greet another student with "Good morning, \_\_\_\_\_," and a wave with their pinkie finger. As students pass the wave around the screen, use reinforcing language to affirm eye contact and students using names or asking for reminders. You may need to call or post the order or have those not greeted hold up a hand or pinkie.

### Virtual

Let students know that they will be sharing their favorite snack. Brainstorm a few, including some healthy options. Have students show they're ready to share by showing a thumbs up on the screen.

Describe a popcorn share by connecting to popping corn—once a kernel is popped, it changes from a seed to a fluffy piece of popcorn. When they share today, they will pop by unmuting, standing, and saying "Pop." The trick is that only one person can share at a time, so if two stand up to share, they both sit again. If only one person stands, they say their favorite snack and remain standing. At that time, anyone else who has the same favorite snack stands up, unmutes, says "Pop, pop," and stays standing (multiple people can "pop pop"). Continue until everyone is standing.

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# Group activity: Do What I Said, Not What I Say

## In-Person

Tell students that this activity is to get them moving while NOT following directions. First, you'll give a direction and students WON'T follow it. When you give a second direction, they will follow the FIRST direction. As you continue, they will always be one command behind. Possible directions could be:

- 1. Stand up
- 2. Touch your knees
- 3. Pat your back
- 4. Turn around
- 5. Hop up and down
- 6. Sit down
- 7. Sit down

### **Virtual**

Tell students that this activity is to get them moving while NOT following directions. First, you'll give a direction and students WON'T follow it. When you give a second direction, they will follow the FIRST direction. As you continue, they will always be one command behind. Possible directions could be:

- 1. Stand up
- 2. Touch your knees
- 3. Pat your back
- 4. Turn around
- 5. Hop up and down
- 6. Sit down
- 7. Sit down

# Morning message:

## In-Person

Display the message on a whiteboard or screen prior to the meeting.

## [Date]

Good Morning, Empathetic Third Graders,

While school is very different this year, one thing is the same—how much you care for each other. One way to show our care is by showing empathy. I've seen students showing empathy when someone forgets a name, or forgets to distance, by kindly reminding them.

When do you show empathy? How does it feel when someone shows empathy to you?

[Closing and signature]

Read aloud together. Engage in a discussion about empathy.

#### Virtual

Display the message on the screen prior to the meeting.

# [Date]

Good Morning, Empathetic Third Graders,

While school is very different this year, one thing is the same—how much you care for each other. One way to show our care is by showing empathy. I've seen students showing empathy when someone forgets a name, or forgets to unmute, by kindly reminding them.

When do you show empathy? How does it feel when someone shows empathy to you?

[Closing and signature]

Read aloud together. Engage in a discussion about empathy.

# Week 2 · Day 8



# Daily Focus: Continue to add challenge while applying academic skills

# **Greeting:** Action Name Greeting

### **In-Person**

Have students think of actions they can do safely in their space, such as jumping, twirling, stomping, skipping, etc. Students pick one action for their greeting and give a thumbs up when they're ready. Tell students it's OK if someone picks the same action. Begin by saying, "Good morning, I'm \_\_\_\_\_\_" while doing an action (for example, jogging in place). Students will respond with "Good morning, \_\_\_\_\_\_" while repeating your action. Continue around the circle until everyone is greeted. If students are at their desks, call on students until everyone has been greeted.

### Virtual

Have students think of actions they can do safely in their space, such as jumping, twirling, stomping, skipping, etc. Students pick one action for their greeting and give a thumbs up when they're ready. Tell students it's OK if someone picks the same action. Begin by saying, "Good morning, I'm \_\_\_\_\_\_" while doing an action (for example, jogging in place). Students will respond with "Good morning, \_\_\_\_\_\_" while repeating your action. Continue until everyone is greeted. Students can unmute when they share. Call on students one at a time or post an order in advance, ensuring that everyone is greeted.

# **Sharing:** Partner Share (What I Like to Read)

# **In-Person**

Let students know that they will share with a partner a favorite book, genre, or author. Assign partners, and remind students to allow time for each person to share while safely distancing.

#### **Virtual**

Start by making a personal connection/opening. Let students know that they will share with a partner a favorite book, genre, or author, in a breakout room. If your format doesn't have breakout rooms, have students do an around-the-screen share. Post a sharing order or call on students until everyone has participated.

# **Group activity: Spelling Karate**

## **In-Person**

Tell students this activity will get them moving by doing safe karate moves. Model that for tall letters (all capitals, b, f, I, etc.) they will chop up with their hand. For small letters (lowercase c, e, n, etc.), they will chop forward. For fall letters (lowercase j, g, y, etc.) they will kick forward. First, practice by going through the alphabet. Next, pick simple words to spell. Do this spelling bee style—word, spell, word.

## **Virtual**

Tell students this activity will get them moving by doing safe karate moves. Model that for tall letters (all capitals, b, f, I, etc.) they will chop up with their hand. For small letters (lowercase c, e, n, etc.), they will chop forward. For fall letters (lowercase j, g, y, etc.) they will kick forward. First, practice by going through the alphabet. Next, pick simple words to spell. Do this spelling bee style—word, spell, word.



# Morning message:

## In-Person

Display the message on a whiteboard or screen prior to the meeting.

## [Date]

Hello, Thinking Third Graders,

Today, we will continue to <u>build</u> on what you've learned in second grade as we <u>explore</u> our writing resources. Getting ideas for writing is part of the <u>fun</u>. Where do you get your ideas?

[Closing and signature]

Have students brainstorm ideas to act out the underlined words. Pick one for each, and read the message together with the actions. Create an anchor chart of where to get ideas for writing to use during writer's workshop.

## Virtual

Display the message on the screen prior to the meeting.

# [Date]

Hello, Thinking Third Graders,

Today, we will continue to <u>build</u> on what you've learned in second grade as we <u>explore</u> our writing resources. Getting ideas for writing is part of the <u>fun</u>. Where do you get your ideas?

[Closing and signature]

Have students brainstorm ideas to act out the underlined words. Pick one for each, and read the message together with the actions while students remain muted.

If students are using a platform that allows them to share in writing, have them enter their ideas into a chat or shared document. Use this to create a digital resource for students. If they verbally brainstorm, use your digital platform to create a common document from their ideas that you can later share with the students.

# Week 2 · Day 9



Daily Focus: Apply and practice the classroom rules and targeted social and emotional skills in a fun and appropriately challenging Morning Meeting

# **Greeting:** Alliterative Name Greeting

#### In-Person

This greeting builds on yesterday's greeting and has students use an alliteration based on their name. Ask students to think of a positive adjective that can describe them and begins with the first letter of their first name. For example, Sierra could be "Savvy Sierra."

Have students consider an alliteration for their greeting and give a thumbs up when they're ready. Tell students that it's OK if someone else picks the same adjective.

Model how you will greet each person by saying, "Good morning everyone, I'm [your own alliteration]." All students respond, "Good morning, [your alliteration]."

Continue around the circle until everyone has been greeted. If students are at their desks, call on students until everyone has been greeted.

#### Virtual

This greeting builds on yesterday's greeting and has students use an alliteration based on their name. Ask students to think of a positive adjective that can describe them and begins with the first letter of their first name. For example, Sierra could be "Savvy Sierra."

Have students consider an alliteration for their greeting and give a thumbs up when they're ready. Tell students that it's OK if someone picks the same adjective.

Model how you will greet each person by saying, "Good morning everyone, I'm [your own alliteration]." All students respond, "Good morning [your alliteration]."

Post an order or call on students one at a time until everyone has been greeted. Students should unmute when they share, and stay muted when they greet.

# **Sharing:** Around-the-Circle (Something That Makes You Smile)

# **In-Person**

Have students think of something that makes them smile just to think about it. Start with your own example. Give students time to think and show they're ready with a thumbs up. Share around the circle or the room with teacher direction.

After sharing, connect the rule-making process with our feelings. Our goal would be to have the warm happy feeling we shared. Our rules will help guide us to have that feeling for ourselves and others.

# **Virtual**

Have students think of something that makes them smile just to think about it. Start with your own example. Give students time to think and show they're ready with a thumbs up. Share around the screen with teacher direction.

After sharing, connect the rule-making process with our feelings. Our goal would be to have the warm happy feeling we shared. Our rules will help guide us to have that feeling for ourselves and others.

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# Week 2 • Day 9, continued



# **Group activity:** Captain's Coming

## In-Person

This activity gets everyone moving. You (the captain) stand facing the class (the crew) as if they're all on a ship. When the captain calls an order, the crew has to follow it as quickly as possible. There are several actions to teach; start with a few and add more as you do this more often. A visual cue of directions is recommended.

"Captain's Coming" – Crew stands at attention with a salute and all say "Aye, aye, captain!"

"Bow" - Move one step forward

"Stern" - Move one step back

"Starboard" - Move to the right

"Port" - Move to the left

"Swab the deck" - Pretend to mop the deck.

"Walk the plank" - Take three giant steps forward

"Hardtack for dinner" – Pretend they are gagging as if throwing up

Give orders, mixing up as you go. An option is to have a student be the captain.

This activity can connect with the rule-making process and the importance of everyone trying their best to follow the rules for a safe and joyful classroom.

### Virtual

Students will stand in their screen view for this activity. You (the captain) stand facing the class (the crew) in the screen as if they're all on a ship. When the captain calls an order, the crew has to follow it as soon as possible. There are several actions to teach; start with a few and add more as you do this more often. A visual cue of directions is recommended.

"Captain's Coming" – Crew stands at attention with a salute and all say "Aye, aye, captain!"

"Bow" - Move one step forward

"Stern" - Move one step back

"Starboard" - Move to the right

"Port" - Move to the left

"Swab the deck" - Pretend to mop the deck.

"Walk the plank" – Take three giant steps forward

"Hardtack for dinner" – Pretend they are gagging as if throwing up

Give orders, mixing up as you go. An option is to have a student be the captain.

This activity can connect with the rule-making process and the importance of everyone trying their best to follow the rules for safe and joyful virtual learning.

20 Continues on the next page.



# Morning message:

#### In-Person

Display the message on a whiteboard or screen prior to the meeting.

[Date]

Hello, Rule-Makers!

We've worked hard to narrow down our list of rules to have a short list that we can remember and use in a variety of ways in our classroom and school. The process took a lot of cooperation and assertiveness to have all of our voices heard. Now we get to use our cooperation and responsibility to follow the rules.

Take a look at our rules poster. What is one rule you want to focus on today?

[Closing and signature]

Have a list of adverbs, such as quietly, slowly, proudly, etc., listed on either a chart or index cards. Have a student pick one adverb. Then have students read the message aloud, with a voice that matches the adverb.

Check in on the rules. Remind students that they will follow all the rules, but one may be more important for them to focus on today. Point to each rule on the poster and have them give a thumbs up for the one they are focusing on. Check in throughout the day to have students self-reflect on how they're doing with their rule focus.

### Virtual

Display the message on the screen prior to the meeting.

[Date]

Hello, Rule-Makers!

We've worked hard to narrow down our list of rules to have a short list that we can remember and use in a variety of ways in our classroom and school. The process took a lot of cooperation and assertiveness to have all of our voices heard. Now we get to use our cooperation and responsibility to follow the rules.

Take a look at our rules poster I've shared with you virtually. What is one rule you want to focus on today?

[Closing and signature]

Share a list of adverbs, such as quietly, slowly, proudly, etc., with everyone on your screen. Have a student pick one adverb. Then have students read the message aloud, with a voice that matches the adverb. Keep students muted, but ask one student to unmute to be the lead.

Check in on the rules. Remind students that they will follow all the rules, but one may be more important for them to focus on today. Read each rule on the poster and have them give a thumbs up for the one they are focusing on. While the rules are for their class, they may think about how they can use that same rule at home while they're learning.

# Week 2 • Day 10



# **Daily Focus:** Continue to build connections to strengthen the community while practicing empathy and responsibility

# **Greeting:** Invisible Ball Toss Greeting

#### In-Person

Students greet another student across the room and then pretend to throw an invisible ball to them. The other student pretends to catch the ball and then greets that student in return. Continue until everyone has been greeted. So students know who hasn't been greeted, have every student start out standing and then sit down when they've been greeted.

#### Virtual

Students greet another student in the screen and then pretend to throw an invisible ball to them. The other student pretends to catch the ball and then greets that student in return. Continue until everyone has been greeted. So students know who hasn't been greeted, have students raise their hand or give a thumbs up to show they haven't been greeted.

# **Sharing:** Partner Share (Ways You Like to Help Others)

#### In-Person

Introduce the idea of students being responsible to help in the class or help others, whether at school, at home, or in the community. Every positive community depends on each person contributing. Assign partners, and have students pair up at a safe distance to share how they like to help others. Listen in as students are sharing in order to summarize some of the ideas heard.

#### Virtual

Introduce the idea of students being responsible to help in the class or help others, whether at school, at home, or in the community. Every positive community depends on each person contributing. Create partnerships for students to share how they like to help others and send to breakout rooms. If your platform doesn't allow for breakout rooms, have students share around the screen.

# **Group activity:** Buzz

#### In-Person

Students start standing, either in a circle or at their desks. Students will count in order to a predetermined number. The next person after the number is reached says "buzz" and sits down. The counting continues with the same number until there is one person left. This activity can also be done with skip counting. Afterward, you can engage in a discussion of empathy and sportsmanship.

#### Virtual

All students start with video on. Students count in order to a predetermined number. The teacher could call the order based on their screen or could post the order in the chat box. The next person after the number is reached says "buzz" and stops video. The counting continues with the same number until there is one person left. This activity can also be done with skip counting. Afterward, you can engage in a discussion of empathy and sportsmanship.



# Morning message:

### In-Person

Display the message on a whiteboard or screen prior to the meeting.

[Date]

Dear Third Graders,

We have learned so much about each other, and we now have our rules to support our hopes and dreams. / We all are responsible for following the rules so everyone can learn. // Think about how you are responsible for following the rules in different places. /// What happens when you make a mistake and don't follow a rule? How can you help each other follow all the rules?

Be ready to share,

[Closing and signature]

Divide the class into four groups by proximity. Today they'll read aloud with a growing choral reading. The first group will read aloud together until /. Then the second group joins in until //. The third group will join in until ///. Everyone continues reading to the end.

Engage in a discussion about responsibility and how the rules are designed for everyone to do their part.

## Virtual

Display the message on the screen prior to the meeting.

[Date]

Dear Third Graders,

We have learned so much about each other, and we now have our rules to support our hopes and dreams. / We all are responsible for following the rules so everyone can learn. // Think about how you are responsible for following the rules in different places. /// What happens when you make a mistake and don't follow a rule? How can you help each other follow all the rules?

Be ready to share,

[Closing and signature]

Ask for four volunteers to read the message aloud. Each student will read their part aloud to the / markings (the fourth student reads the last two sentences). Other students can stay muted and read along to themselves.

Engage in a discussion about responsibility and how the rules are designed for everyone to do their part.

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