WEEK ONE







- 70 Sample Schedule
- 72 Flow of the Day
- 77 Teaching Academics
- 82 Teaching Discipline

Third & Fourth Grades

esterday, our efforts focused on learning names, teaching essential routines, helping students' connect with one another, and boosting their feelings of trust and competence as learners. These same themes continue throughout this first week. Blending consistency and novelty will help students feel secure—"I know what to expect"—and get excited about their learning—"I can't wait to see what we'll do next!"

Week One Sample Schedule ■ Grades 3–4

D A Y 2

8:15 Establish arrival routines and practice signals for quiet attention

8:35 Morning Meeting

- Greeting: Around-the-circle "Good morning"
- Sharing: After-school activity
- Group activity: Who Remembers?
- Morning message: After-school activity

8:55 Model/re-model Transition back to seats

9:00 Math Skip Counting energizer • Explore math book • Work with pattern blocks

9:45 Snack

- **10:00 Outside time** or energizer Review circling up and safe tagging • Play Category Tag
- **10:20 Reading** Introduce reading stamina · Ideas for staying focused on reading • Reflection
- **11:00 Establishing rules** Introduce learning goals (or "hopes and dreams") • Brainstorm ideas
- **11:20 Writing** Introduce with energizer: A Warm Wind Blows • Journal topics (after-school activities) • Personalize journals
- **11:45 Recess** Review/play Category Tag Introduce tagger's choice

12:05 Lunch

- **12:30 Quiet time** Reading, writing, pattern blocks
- 12:45 Read-aloud Practice partner chats

1:05 Special

- **1:50 Science** Introduce science journals Energizer: What's the Change?
- 2:35 End-of-day logistics Clean up, pack up, after-school destinations
- **2:50 Closing circle** Around-the-circle: Something I'm looking forward to tomorrow • Homework: Think about learning goals for the year

3:00 Dismissal

D A Y 3

8:15 Establish arrival routines and review/practice signals

8:35 Morning Meeting

- Greeting: Around-the-circle "Good morning"
- Sharing: A place I'd like to visit
- Group Activity: A Warm Wind Blows
- · Morning message: Goals for the year

8:55 Remind/re-model Transition back to seats

9:00 Math Guided Discovery: Dry-erase markers, boards • Energizer: High Low Up and Down

9:45 Snack

- **10:00 Outside time** or energizer Toilet Tag
- 10:20 Reading Review strategies tried yesterday • Book shopping
- 11:00 Establishing rules Brainstorm learning goals (or "hopes and dreams")
- **11:15 Writing** Journal topics (place to visit) Introduce writing stamina; writing (5 minutes) • Share one sentence with partner
- 11:45 Recess Teach new tag game: Fishy, Fishy, Cross My Ocean

12:05 Lunch

- **12:30 Quiet time** Reading, writing, dry-erase
- 12:45 Read-aloud Partner chat

1:05 Special

- **1:50 Science** Energizer: What's the Change? Observation challenge
- 2:20 Homework Expectations Introduce assignment books • Model and practice writing down assignments

2:40 End-of-day logistics

2:50 Closing circle Around-the-circle: What I enjoy about this class

3:00 Dismissal

Week One Sample Schedule ■ Grades 3–4

D A Y 4

8:15 Arrival routines and review/practice signals

8:35 Morning Meeting

- Greeting: Around-the-circle "Good morning" and handshake
- Sharing: A family member I like to spend time with
- Group activity: Sing "Ram Sam Sam"
- Morning message: Goals for the year

8:55 Remind/re-model Transition back to seats

9:00 Math Line and line segments • Introduce rulers: Model using as a straight edge

9:45 Snack

- **10:00 Outside time** or energizer Stuck in the
- **10:20 Reading** Keep working on stamina Preview reading • Partner chat: One thing that happened in your book
- **11:00 Establishing rules** Choose one goal (or "hope and dream")
- **11:15 Writing** Sentences about goal Model using stapler, glue, glue sticks • Illustrate goal
- **11:45 Recess** Play a previously taught tag game

12:05 Lunch

- **12:30 Quiet time** Reading, writing/illustrating goal, pattern blocks
- 12:45 Read-aloud Partner chats

1:05 Special

- **1:50 Science** Observation challenge Introduce hand lenses
- **2:20 Homework** Practice math and writing homework • Passing in homework procedures

2:40 End-of-day logistics

2:50 Closing circle A Warm Wind Blows

3:00 Dismissal

D A Y 5

8:15 Arrival routines and reflect on signals

8:30 Morning Meeting

- Greeting: Around-the-circle "Good morning" and handshake
- Sharing: What I like to do on weekends
- Group activity: Just Like Me
- Morning message: Think about rules

8:55 Remind/reflect Transition to seats

9:00 Math Line segments, rays • Model and practice measuring to nearest inch • Measure around the room

9:45 Snack

- **10:00 Outside time** or energizer Excuse Me, Please
- **10:20 Reading** Build stamina; thinking as you read. Introduce sticky notes • Partner chat: Favorites
- **11:00 Establishing rules** Reflect on goals (or "hopes and dreams") • Begin to brainstorm rules
- 11:20 Writing Journal topics (family member, weekend fun) • Writing (10 minutes) • Share one sentence with partner
- **11:45 Recess** Play a previously taught tag game

12:05 Lunch

- **12:30 Quiet time** Reading, writing, rulers
- 12:45 Read-aloud Introduce vocabulary words Partner chat

1:05 Special

1:50 Science Skills of observation (brainstorming, journal) • Energizer: What's the Change?

2:35 End-of-day logistics

2:45 Closing circle Week in review • Play a favorite activity

3:00 Dismissal