

# Resources



## Bullying and Bullying Prevention

### Books

*The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence* by Barbara Coloroso, updated edition, William Morrow Paperbacks, 2009.

Barbara Coloroso is a consultant and lecturer on parenting, teaching, and positive school climate. This book, first published in 2003 and recently updated, is clear, thoughtful, and carefully researched. The scope is broad and for that reason the specific information about how to prevent bullying in school is limited to one chapter.

*Confronting Bullying: Literacy as a Tool for Character Education* by Roxanne Henkin, Heinemann, 2005.

Roxanne Henkin is a professor of literacy education at University of Texas and is director of the San Antonio Writing Project. In this book she describes how to use reader response and reflective writing to build children's awareness of the importance of a safe and inclusive climate for all—includes lesson plans and a detailed bibliography.

*Dear Bully: Seventy Authors Tell Their Stories*, edited by Carrie Jones and Megan Kelley Hall, Harper Teen, 2011.

Young adult authors tell about their own experiences with bullying. Some of their experiences are relevant to bullying in elementary school.

*Empowering Bystanders in Bullying Prevention: Grades K–8* by Stan Davis, with Julia Davis, Research Press, 2007.

Stan Davis has many years' experience as a school guidance counselor and consultant to schools on bullying prevention. This book offers research-based, practical strategies that student bystanders can use in response to bullying.

*The Respectful School: How Educators and Students Can Conquer Hate and Harassment* by Stephen Wessler, with contributions by William Preble, Association for Supervision and Curriculum Development, 2003.

Based on the author's experiences as an attorney and prosecutor for the state of Maine, this is a passionate and well-documented book about turning bias, prejudice, harassment, and violence among students into respectful interactions. The emphasis is on middle school and high school.

*Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying*, 2nd edition, by Stan Davis, with Julia Davis, Research Press, 2007.

Stan Davis draws on theory and research to offer practical guidelines for implementing a whole-school approach to reducing bullying.

*They Don't Like Me: Lessons on Bullying and Teasing from a Preschool Classroom* by Jane Katch, Beacon Press, 2003.

Jane Katch has taught young children for many years. In this book, she reflects on a year of teaching four- and five-year-olds, with a particular focus on the children's social relations and power dynamics.

*You Can't Say You Can't Play* by Vivian Gussin Paley, Harvard University Press, 1992.

Author and teacher Vivian Paley spent a year investigating ways to help the kindergarten students she taught be more inclusive. She recorded her strategies, reflections, and results.

## Websites

### **Cfchildren.org/programs/str/overview**

The website for the Steps to Respect Bullying Prevention Program, developed by the Committee for Children, includes information about bullying, research, and services for schools.

### **Olweus.org**

The website for the Olweus Bullying Prevention Program (program used by many schools in the U.S.) includes resources, research information, and information about services.

### **Opheliaproject.org**

The website for the Ophelia Project includes resources, research information, and information about services focused on relational aggression.

### **Peacefulschoolbus.com**

The website for the Peaceful School Bus program includes information about the schoolwide program for decreasing mean behavior on school buses and increasing respect and cooperation.

### **Stopbullying.gov**

This federal government website is packed full of information for teachers, parents, and children.

### **Stopbullyingnow.com**

The website of Stan Davis, author and consultant to schools about bullying prevention, includes his most current thinking about bullying and mean behavior and strategies for stopping mean behavior.